



# Munch Time Menu

## Price £2.20

**MUNCHBOX FILLINGS:** Ham\*, Cheese, Chicken\* or Tuna unless stated (order at registration in class)

**ALL MEALS PROVIDED WITH THE PUDDING OPTION AND A DRINK**

**Week Beginning: Monday 19<sup>th</sup> March, 2018**

DAY	MUNCH MEAL	VEGGIE MUNCH	MUNCHBOX	PUDDING
<b>MON</b>	Oven baked Coddies with Mashed Potato or Wholewheat Pasta, Sweetcorn, Side Salad & Ketchup	Homemade Vegetable Nuggets, Mash or Pasta Sweetcorn, Side Salad & Ketchup	Roll with choice of filling and choice of salad and fruit Or Chicken Soup and roll	Homemade Ginger Shortie, Fresh Fruit or Yogurt  Milk, Juice or Water
<b>TUES</b>	Homemade Shepherds Pie (Minced Lamb* with our own vegetable based homemade sauce topped with creamy mashed potato – oh & a sprinkling of cheddar cheese!!)	Jacket Potato & Baked Beans	Sandwich with choice of filling and choice of salad & fruit or Vegetable Soup and roll	Homemade Fruity Flapjack, Fresh Fruit or Yogurt  Milk or Water
<b>WEDS</b>	Homemade Sweet & Sour Chicken* with Noodles & Prawn Crackers	Homemade Tomato & Basil Pasta Pots with Cheese Sprinkle Salad & Bread	Wrap with choice of filling and choice of salad and fruit	Homemade Chocolate Sponge & Chocolate Sauce, Fresh Fruit or Yogurt  Milk or Water
<b>THURS</b>	Oven Baked Pork Sausage* with Roast Potatoes, Carrots & Green Beans, Yorkshire Pudding & Gravy	Oven baked Vegetable Fingers in breadcrumbs Roast Potatoes Carrots & Green Beans or Salad	Roll with choice of filling and choice of fruit & salad Tomato Soup and roll	Homemade Iced Sponge Cake Fresh Fruit or Yogurt  Milk or Water
<b>FRI</b>	Homemade Chicken* Korma Curry (very mild creamy curry), Rice, Peas, Naan Bread & Side Salad	Cheese on Toast	Wrap with choice of filling and choice of salad and fruit	BT Selection  Milk & Water

**All Items Subject To Availability**

**\*All fresh meats from Philip Dennis Family Butcher at Roundswell in Barnstaple**

**Please see kitchen for allergy advice if required**