



Munch Time Menu

Price £2.20

MUNCHBOX FILLINGS: Bacon (Thursday Only)*Ham*, Cheese, Chicken* or Tuna unless stated (order at registration in class)

ALL MEALS PROVIDED WITH THE PUDDING OPTION AND A DRINK
Week Beginning: Monday 21st May, 2018

DAY	MUNCH MEAL	VEGGIE MUNCH	MUNCHBOX	PUDDING
MON	Oven baked Fish with Mashed Potato or Wholewheat Pasta, Peas, Side Salad & Ketchup	Vegetable Nuggets with Mashed Potato or Wholewheat Pasta, Peas, Side Salad & Ketchup	Roll with choice of filling and Choice of Fruit & Salad or Chicken Soup with roll	Devonshire Sultana Scones, Mixed Fruit Jam & Cream, Fresh Fruit or Yogurt Milk or Water
TUES	Homemade Sweet & Sour Chicken* with mixed vegetables & Noodles & Chinese Crackers	Jacket Potato with Baked Beans & Side Salad	Sandwich with choice of filling and Choice of Fruit & Salad or Vegetable Soup	Meringue Nests with Sliced Peaches, Fresh Fruit or Yogurt Milk or Water
WEDS	Homemade Beef* Bolognaise Sauce with Spaghetti. Peas, Garlic Bread & Side Salad	Homemade Vegetable Pasta Pot with sprinkle of cheese, Garlic Bread & Side Salad	Wrap with choice of filling and Choice of Fruit & salad	Homemade Ginger Shortie, Fresh Fruit or Yogurt Milk or Water
THURS	Jacket Potato with Tuna, Gammon Ham* or Cheese, Lettuce, Tomato & Cucumber and a choice of any other salad item i.e., coleslaw, celery, pasta salad, peppers, beetroot, Salad Cream or Mayonnaise	Cheese & Onion Slice with salad as main dinner	Bacon* Roll or Roll with choice of filling and Choice of Fruit & Salad or Tomato Soup with roll	Homemade Madeleine Sponge, Fresh Fruit or Yogurt Milk or Water
FRI	Oven baked Chicken Fillet Bites in a Light Batter & Potato Wedges with Sweetcorn, Side Salad & Ketchup	Jacket Potato & Cheese with Side Salad	Wrap with choice of filling and Choice of Fruit & salad	BT Selection Day Milk or Water

All Items Subject To Availability

Please see kitchen for allergy advice if required

***All fresh meats are from Philip Dennis Family Butcher based at Roundswell in Barnstaple**