## Bishops Tawton School <a>Chilli Pepper Learning</a>

Green level - Our expectation is that ALL children will complete this

Amber level – Our expectation is that MOST children will complete this

Red level - Our expectation is that **SOME** children will complete this

**Key Stage 1 (Years 1 and 2)** Tarka and Barum class

WB: 22<sup>nd</sup> February 2021

	How hot are you prepared to go?					
	Green			Amber -	Red 🚣	
Reading	20 minutes of reading each day			30 minutes of reading each day	40 minutes of reading each day	
_	Year 1: login to Big Cats Phonics. There is a selection of books for you to explore in your			Year 1: As well as reading on Big	Year 1: Have a go at writing a	
	library. Remember to have a go at the 'After Reading' tasks/questions at the back of the			Cat Phonics – have a go at	book review of one of the books	
	book or ac	cess the resources. I recommend spending a few days on one bo	reading some more of the	you have read. <b>See template</b>		
	ensure you ha	ave thought fully about the meaning of new words or comprehe	Phonics Play Comics	attached or make your own.		
		the story. Also, explore the phonics patterns in the book.				
				Year 2: login to	Year 2: login to	
	Year 2: login to <a href="https://www.getepic.com/">https://www.getepic.com/</a> to see your allocated book. If you have been			https://www.getepic.com/ to	https://www.getepic.com/ to	
	sent a Big Cats phonics login, use this one to practice your reading.			see your allocated book.	see your allocated book.	
Phonics,	Day	·		Year 2		
Spelling	Monday			y we are going to practise spelling common exception words:		
and		This week we are revising the oa family. Explore alternative	some come here there friend			
handwrit		oa spellings - select word sort.				
ing		My oa Family Sound Strip  oa  obote  throw  bons		<ol> <li>Read the words and write them in a list.</li> <li>Highlight the tricky part in these words.</li> <li>Explain why it is tricky.</li> </ol>		
· ·						
				Extra challenge: Two of these words are homophones can you write the other spelling and write the meanings of all four homophones?		
			other s	pennig and write the meanings of a	iii ioui nomophones:	

Tuesday	Practice finding ow/oa/o-e words in the phonics finder word	Using the colourful words strategy, practice each word three times:		
	search.	some come here there friend		
	Then, read the following sentences:			
	The old toast is as hard as stone.	Colourful Words		
	Will you moan if your phone is thrown out of the	Write each of your spellings		
	window?	using a different colour for		
	Will a bad throat or a bad toe make you croak like a	each letter.		
	toad?	spellings		
	Can you highlight all of the oa/oe/ow/o/o_e graphemes?			
Wednesday	Play Phoneme Pop. Select oa/ow/o_e.	Today we are going to practice proofreading. Proofreading is when we		
		read through our work to check for any spelling mistakes.		
	Practice spelling ow/oa/o-e words on Forest Phonics.	Please check Mrs Wise's sentences (see attached word doc.) put a neat lir		
		through any misspelt words and write correct spelling above the word.		
	Have a go at the oa phoneme spotter - can you find them all?			
Thursday	Play <u>Big Letter Bunnies</u> to practice recognition of capital	We are going to practise spelling polysyllabic words. Remember		
	letters. Then, have a go at writing all of the capital	polysyllabic words are words that have two or more syllables.		
	letters. ABCDEFGH	thundering helicopter woodland children		
	IJKLMNOP	automatic whisper elephant little		
	QRSTUVW	Using the list of words above say each word and count how many		
	XYZ	syllables it has, write the number next to the word.		
	Extra challenge: Can you write all of the days of the	Write the word split into each syllable, you can write each syllable.		
	week? Remember to use a capital letter at the beginning	a different colour. E.g. farm – yard di – no – saur		
	of each one and keep your handwriting as neat as you			
	can!			
Friday	Practice reading HFW (high frequency words) for phase 4 or	Today we are going to practise spelling the polysyllabic words from our		
	5. Play <u>Train your Brain</u> to help you learn your phase 5 tricky	and then proofread them.		
	words.	<ol> <li>Ask an adult or older sibling to read a word from Thursday's list of polysyllab</li> </ol>		
	Then recap the <u>oa family.</u>	words. 2. You say the words and clap how many syllables.		
	Read the following sentences:	<ul><li>3. Have a go at spelling the word really focusing on each syllable you can hear.</li></ul>		
	I froze my nose on the cold window.	4. Repeat steps 1-3 until you have had a go at spelling all the words on the list.		
	I broke a bone in my little toe.	5. Look at the word list and correct any spelling you have misspelt, practise those		
	If you stole my phone, I would turn you into a toad.  Can you highlight all of the oa/oe/ow/o/o_e graphemes?	words using one of the spelling strategies we have used so far, either rainbow words, colourful words, flower words or silly sentences.		

English	Monday	Year 1: Find out more about	Year 1: Imagine a new child
	Year 1: We will be focussing on story writing for the next couple of weeks. I want you	using 'and' as a joining	joins your class.
	to think about a brilliant birthday party that you have had or have been to. Draw a	words. Have a go at Activity 1	What information will you
	picture of it who was there? What food did you eat? What music did you listen to?	and 2.	tell them about yourself?
	Did you play party games? Have a go at writing a short story about the party	5.1.5	
			Write three sentences using
	Year 2: Listen to the story <i>Dogger by Shirley Hughes</i> . Think about a time when you lost		the word <b>and</b> to join your
	something. What did you lose? How did it make you feel? Where did you look for it?		ideas.
	How did you find it in the end? Now, write an account of about a time when you had		racus.
	lost something.		
	Tuesday		Was a State of the sale
	Year 1: Listen to me read It's My Birthday by Helen Oxenbury. What do you notice	Year 2: Have a go at drawing	Year 2: Write a mini book
	about the pattern of the story? What's happening each time an ingredient is added?	your own story map of	review of the text. Use
	Fill in what you like about the story and the patterns you notice (see attached). Then,	Augustus and His Smile.	template attached or make
	write a list of all the ingredients in the story. See if you can write them in the order they		your own.
	appear in the text.		
	Year 2: Listen to me read Augustus and His Smile by Catherine Rayner. Listen to the		
	story again and use the story map for part of the text to follow the words. See if you		
	can join in with telling the story. Can you add some actions to represent the part of the		
	story that is on the story map?		
	Extra challenge: have a go at making yourself an Augustus mask (see attachment for		
	ideas). We will use these on Thursday.		
	Wednesday		
	Year 1: Use the list of ingredients you wrote yesterday and the story to help you		
	sequence the pictures (attached) of how to bake a cake. Can you write some		
	instructions on how to make a cake?		
	Year 2: Today you are going to think about what you like and dislike about Augustus		
	and his Smile. E.g		
	Choose two different colours and create a key for likes and dislikes. Now make a mind		
	map of all of your ideas.		
	In tomorrow's zoom session, one child will pretend to be Augustus in the hot seat. The		
	rest of you will have a chance to ask Augustus some questions. Prepare a question for		

	the mour	E.g. How did you feel when you lost you lost you lost you hat was your favourite place Thursda sten to the story again. Use the story r	you went to?  y map (attached) to help you follow the		
	act out th	e story with teddies/your family. Thin	me actions when you are retelling it or k about what else you might do if it was /rite a list of all the things that you could		
		oom session – hot seating. Questions iteboard and pen or pad and pencil).	for Augustus. (You will also need a		
	story? Un sentence about a b link them Year 2: Li puzzles in	irthday party you wrote on Monday. C by using the word <b>and</b> . sten to the story again. I want you to t	The word 'and' links two clauses in a make a cake. Look back at your story choose two sentences and see if you can hink about identifying any patterns and map you started on Wednesday. Choose		
	Day	Year 1	Year 2	Year 1: Have a go at this	Year 1: Have a go at
Maths	Monday	Follow the Oak Academy lesson Add a 1 digit number to a teens number using a known fact. Then have a go at the independent tasks (attached).	My Maths lesson and homework - Measures	challenge True or false? There are double the amount of numbers bonds	Arranging Additions and Sorting Subtractions  Record your reasoning for the order you choose to put
	Tuesday	Play <u>Hit the Button</u> – practice number bonds to 10, then 20. Following yesterday's lesson, can you use known facts to complete the attached missing number problems?	My Maths lesson and homework – Units of Measure	to 20 than there are number bonds to 10 Prove it – can you use a systematic approach?	the calculations in.
	Wednesday	See attachment.  Follow the Oak Academy lesson  Subtract a 1 digit number from a	My Maths lesson – Comparing Measures 2		Year 2: Have a go at this Compare the Cups challenge.

Thursday	teens number using a known fact. Then have a go at the independent tasks (attached).  Play Smoothie Maths — practice facts to make/facts within 10 or 20. Following yesterday's lesson, can you can you use known facts to complete the attached missing number problems? See attachment.	My Maths homework – Comparing Measures 2	Year 2: Find a simple recipe to make cookies or cupcakes have a go at measuring out the correct mass of each ingredient without any adult help.	Which unit of measure could you use to see how much liquid each cup holds? Was your prediction right? Can you record your findings in a table – ordering from the cup that holds the most liquid to the least.
Friday  Topic Science	In the calculation below, the box represents a missing digit:  13 + =  If the total was 15 what would the missing number be? What about if the total was 20? What about if the total was 30?  Extension: What Could It Be?	Using metres and cm – measure the length of 6 different objects around your house. Put them in order from shortest to longest/tallest. Use the table attached to help.		

Topic and project

### **Science and Geography**

### **Recycling Materials**

Have a look at as many packets/boxes in your kitchen as you can. Write a list of materials that can be recycled and things that can't be reused. Look out for the reduce, reuse, recycle symbol.

Year 1 and 2

Watch What Should I Do With My Rubbish? to find out more.

Play <u>Recycling Pairs</u> to help remember what can be recycled. Do you recycle all of these things in your house? Fill in the <u>Missing Words</u> to complete the information about recycling.



Watch the story <u>A Whale's Tale</u> and think about the questions underneath the video. What could you do to help reduce litter? On your daily walks, take a plastic bag and see if you can pick up any litter. Always have an adult with you and check it is safe before you pick anything up.

Can you design a poster to tell people how to dispose of litter and recycle as much at home as possible?

#### 1Decision - Our World

Follow the lesson on Looking After Our Planet. You will need to enter the username and password which is on this week's class email.

When you get to the slide that says watch the video – click here.

### Keeping 0

Healthy

### **Physical health**

On the Move- Mark out 10-20 big steps using chalk or an object such as a jumper or water bottle.

- Round 1: Run as fast as you can up and back.
- Round 2: Hop on one foot up and back (challenge yourself to keep hoping while on the turn to come back).
- Round 3: hop on the other leg.
- Round 4: skipping (aim to get as high as you can on each skip).
- Round 5: make up your own movement, be as creative as you can! Let me know what you came up with.

Have a go at these **Go Noodle** songs – make sure you join in with the actions!

**I Gotta Feeling** 

**Don't Read Like a Robot** 

#### Mental health

Have a go at some of the mindfulness activities below. Can you think of any other activities or exercises that help you to feel calm and relaxed?

# Just One Breath BREATHING ACTIVITY



Find a relaxing place, sit comfortably, and set a timer for one minute.

Breath deeply in and out while paying attention to any sensations you notice or sounds you hear.





Take another slow deep breath, imagine the air moving down into the lungs and back up.

Take one more deep breath and hold for a moment, then release it.



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Go outside on an exciting adventure, try picking up a small rock or touching a plant or flower.



Notice the bugs or the birds.Take a moment to kneel down and touch the earth.

Walk mindfully paying close attention to everything. Make sure you walk in silence because you want to notice all those little details.



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### TENSE AND RELEASE

MUSCLE RELAXATION

- Starting at the feet, gently squeeze the muscles in the feet by tightening them, then slowly releasing.
- Next, squeeze the large muscles in the calves for 5 seconds, then gently release. Working your way up the body, squeeze the thigh muscles for 5 seconds then gently release.
- Continue moving up the body for more relaxation.



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