MUNCH TIME MENU AUTUMN TERM

|  |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} W \\ E \\ E \\ K \end{gathered}$ |  | $07^{\text {th }}, 28^{\text {th }}$ Sep, $19^{\text {th }}$ Oct | $8^{\text {th }}, 29^{\text {th }}$ Sep, $20{ }^{\text {th }}$ Oct | $9^{\text {th }}, 30^{\text {th }}$ Sep, $21{ }^{\text {st }}$ Oct | $10^{\text {th }}, 1^{\text {st }} 22^{\text {nd }}$ Oct | $11^{\text {th }}$ Sep, $2^{\text {nd }}, 23^{\text {rd }}$ Oct |
|  | MUNCH MEAL | Oven baked coddies | Roast Chicken | Cheese \& Tomato Pizza | Pork Chipolata Sausages | Chicken Korma Curry |
|  | VEGGIE MUNCH | Vegetable finger | Cheese wheel | Vegetable Nuggets | Quorn Sausage | Jacket Potato \& Cheese |
|  | SIDES | Herby Cubes Mixed vegetables | Roast Potatoes Vegetables | Pasta Sweetcorn | Mash Baked Beans | Naan Bread Peas |
| 1 | MUNCHBOX | Roll with choice of filling | Wrap with choice of filling | Sandwich with choice of filling | Wrap with choice of filling | Bacon Roll or Roll with choice of filling |
|  | PUDDING | Homemade Fruity Flapjack | Cookies | Chocolate sponge with Chocolate sauce | Fruit Crumble with cream | Shortbread |
| WEE$K$ |  | 14 Sep, $5^{\text {th }}$ Oct | $15^{\text {th }}$ Sep, $6^{\text {th }}$ Oct | $16^{\text {th }}$ Sep, $7^{\text {th }}$ Oct | $17^{\text {th }}$ Sep, $8^{\text {th }}$ Oct | $18^{\text {th }}$ Sep, $9^{\text {th }}$ Oct |
|  | MUNCH MEAL | Salmon Fishcakes | Oven baked pork sausage | Beef Burger in a bap | Cheese \& Tomato Pizza | Chicken Fillet Bites |
|  | VEGGIE MUNCH | Homemade Macaroni Cheese | Quorn sausage | Quorn Burger in a bap | Jacket Potato \& Beans | Cheese \& Onion Slice |
|  | SIDES | New Potatoes Peas | Roast potatoes Vegetables <br> Yorkshire pudding | Chips Sweetcorn | Pasta | Crisscross potato fries Baked beans |
|  | MUNCHBOX | Roll with choice of filling | Wrap with choice of filling | Sandwich with choice of filling | Wrap with choice of filling | Bacon Roll or Roll with choice of filling |
|  | PUDDING | Homemade Ginger Shortbread | Ice Smoothie | Homemade Chocolate Cracknel | Syrup sultana sponge and custard | Cookies |
| $\begin{aligned} & W \\ & E \\ & E \\ & K \end{aligned}$ |  | $21^{\text {st }}$ Sep, $12^{\text {th }}$ Oct | $22^{\text {nd }}$ Sep, $13^{\text {th }}$ Oct | $23^{\text {rd }}$ Sep, $14^{\text {th }}$ Oct | $24^{\text {th }}$ Sep, $15^{\text {th }}$ Oct | $25^{\text {th }}$ Sep, $16^{\text {th }}$ Oct |
|  | MUNCH MEAL | Oven baked Fish Fillet | Roast Chicken | Spaghetti Bolognaise | Fish fingers | Big Breakfast |
|  | VEGGIE MUNCH | Jacket Potato \& Cheese | Vegetable Grill | Vegetable Pasta Pot | Cheese \& Tomato Pizza Wheel | Veggie Big Breakfast |
|  | SIDES | Mashed potato Peas | Roast Potatoes Vegetables Stuffing Ball | Garlic Bread Cheese | Potato Wedges Sweetcorn | Hash Browns Beans |
| 3 | MUNCHBOX | Roll with choice of filling | Wrap with choice of filling. | Sandwich with choice of filling | Wrap with choice of filling | Bacon Roll Or Roll with choice of filling |
|  | PUDDING | Fruit crumble with custard | Homemade Bakewell Tart | Danish Pastries | Homemade Iced Sponge | Cookies |

## AVAILABLE EACH DAY: SALAD BAR, FRESH FRUIT, BREAD, YOGHURT, MILK AND WATER. ALL MEALS PROVIDED WITH THE PUDDING OPTION AND A DRINK.

Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

