MUNCH TIME MENU AUTUMN TERM

|  |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & W \\ & E \\ & E \\ & K \end{aligned}$ |  | 28/10, 18/11, 9/12 | 29/10, 19/11, 10/12 | 30/10, 20/11, 11/12 | 31/10, 21/11, 12/12 | 1/11, 22/11, 13/12 |
|  | MUNCH MEAL | Oven baked coddies | Gammon and Pineapple | Cheese \& Tomato Pizza | Pork Chipolata Sausages | Chicken Korma Curry |
|  | VEGGIE MUNCH | Vegetable finger | Cheese wheel | Vegetable Nuggets | Quorn Sausage | Jacket Potato \& Cheese |
|  | SIDES | Mashed Potato Mixed vegetables | New Potatoes Peas | Pasta Sweetcorn | Herby Cubes Baked Beans | Naan Bread Peas |
| 1 | MUNCHBOX | Roll with choice of filling | Sandwich with choice of filling | Wrap with choice of filling | Wrap with choice of filling | Bacon Roll or Roll with choice of filling |
|  | PUDDING | Chocolate sponge with Chocolate sauce | Homemade Fruity Flapjack | Shortbread | Fruit Crumble with cream | Cookies |
| WEE$K$ |  | 4/11, 25/11, 16/12 | $5 / 11,26 / 11$ <br> Xmas Lunch 17/12 | 6/11, 27/11, 18/12 | 7/11, 28/11, 19/12 | 8/11, 29/11, 20/12 |
|  | MUNCH MEAL | Beef Burger in a bap | Roast Chicken | Salmon Fishcakes | Cheese \& Tomato Pizza | Pulled Pork Baps, |
|  | VEGGIE MUNCH | Quorn Burger in a bap | Vegetable Grill | Homemade Macaroni Cheese | Jacket Potato \& Beans | Cheese \& Onion Slice |
|  | SIDES | Chips Sweetcorn | Roast Potatoes Vegetables Stuffing Ball | Mashed Potato Peas | Pasta | Sweet Potato fries Mixed vegetables |
|  | MUNCHBOX | Roll with choice of filling | Sandwich with choice of filling | Wrap with choice of filling | Wrap with choice of filling | Bacon Roll or Roll with choice of filling |
|  | PUDDING | Ice Smoothie | Homemade Ginger Shortbread | Homemade Chocolate Cracknel | Syrup sultana sponge and custard | Cookies |
| $\begin{aligned} & W \\ & E \\ & E \\ & K \end{aligned}$ |  | 11/11, 2/12, | 12/11, 3/12, | 13/11, 4/12, | 14/11, 5/12, | 15/11, 6/12 |
|  | MUNCH MEAL | Oven baked Fish Fillet | Oven baked pork sausage | Spaghetti Bolognaise | Chicken Fillet Bites | Big Breakfast |
|  | VEGGIE MUNCH | Jacket Potato \& Cheese | Quorn sausage | Vegetable Pasta Pot | Cheese \& Tomato Pizza Wheel | Veggie Big Breakfas $\dagger$ |
|  | SIDES | Mashed potato Peas | Roast potatoes Vegetables <br> Yorkshire pudding | Garlic Bread Cheese | Potato Wedges Sweetcorn | Hash Browns Beans |
| 3 | MUNCHBOX | Roll with choice of filling | Sandwich with choice of filling. | Wrap with choice of filling | Wrap with choice of filling | Bacon Roll Or Roll with choice of filling |
|  | PUDDING | Fresh fruit Basket | Homemade Bakewell Tart | Fruit crumble with custard | Homemade Iced Sponge | Cookies |

## AVAILABLE EACH DAY: SALAD BAR, FRESH FRUIT, BREAD, YOGHURT, MILK AND WATER. ALL MEALS PROVIDED WITH THE PUDDING OPTION AND A DRINK.

Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

